



PRIVATE ISLANDS INC.



PRIVATE ISLAND RENTAL · BELIZE BARRIER REEF, BELIZE

GLADDEN PRIVATE ISLAND

ONE VILLA · SLEEPS FOUR · ALL-INCLUSIVE · PRIVACY 92 — TOTAL SECLUSION

THE ISLAND

Two Islands, One of Them Entirely Yours

Gladden is not one island but two, sitting side by side in the aquamarine shallows of the Gladden Spit & Silk Cayes Marine Reserve. The larger caye holds a single villa and nothing else — no other guests, no resort, no neighbours in any direction. Across a narrow channel, close enough to reach in about two minutes by boat, the smaller islet holds the staff quarters, hidden from the villa's sightlines.

The effect is a small, perfect inversion of the usual island bargain. Everything a full-service resort provides — chef, concierge, captain, therapist — is present, but none of it shares your island. You arrive by boat or helicopter to an empty dock, an empty beach and a villa that has been prepared for exactly one party: yours. From the entryway the eye runs across the plunge pool to the reef; from the rooftop deck, the horizon is water in every direction, and the nearest company is the fish life on the coral below.

ONE

VILLA ON THE ISLAND

FOUR

GUESTS, MAXIMUM

TWO

ISLANDS, ONE FOR STAFF





THE VILLA & SUITES

A Modern-Mayan Villa

The island's only residence is a casually elegant villa of about 3,000 square feet, designed in a Modern-Mayan idiom of local sustainable woods, stone and glass — architecture that frames the sea rather than competing with it.

Two primary suites anchor the house, each with a king bed and an en-suite bathroom with a standalone shower and soaking tub. Walls of glass fold away entirely, so the suites open to the water and the trade winds. Between them, an open-concept great room runs the length of the house; above it, a rooftop sun deck turns slowly through 360 degrees of reef, and a private "privacy deck" is set for dining under the stars.





ALL-INCLUSIVE LIFE

Everything Included, Nothing Scheduled

DINING

A private chef cooks every meal around you — the day's catch and local lobster, produce from Belizean farms, and a cellar of premium wines and spirits (reserve-list bottles are the only extra). Eat in the great room, under the palapa, or on the privacy deck as the light goes.

THE REEF & THE SEA

Your own boat and captain wait across the channel for snorkelling and fishing on the reef — some of the richest water in the Caribbean, minutes from the dock. Kayaks, paddleboards and snorkel gear live on the island; scuba diving can be arranged, and in season the whale sharks gather at nearby Gladden Spit.

WELLNESS

Massages and spa treatments from the island's therapist are included in the rate and unlimited in spirit — on the deck, in the palapa, whenever the day suggests it. Between treatments: the infinity-edge plunge pool, the rooftop deck, and a horizon that does most of the work.

THE REGION

The Belize Barrier Reef

Gladden sits at the southern edge of the Belize Barrier Reef — at roughly 300 kilometres the longest barrier reef in the Western Hemisphere and part of a UNESCO World Heritage Site. The island lies inside the Gladden Spit & Silk Cayes Marine Reserve, a protected area of some 10,500 hectares where the reef bends sharply at Gladden Spit and drops into deep water, drawing vast spawning aggregations of snapper and grouper.

That bend in the reef is famous for one visitor in particular: each spring, roughly April to June, whale sharks — the largest fish in the sea, and gentle filter feeders — gather at the Spit around the full moons, and guests can swim among them. The Silk Cayes, a trio of small sand islands in the reserve, offer sheltered snorkelling over coral gardens patrolled by rays and sea turtles.

On the mainland, 21 miles west, the Placencia Peninsula runs south to the village of Placencia — a laid-back Creole fishing village turned barefoot-gateway town, with beach bars, small restaurants and the airstrip that links the coast to Belize City. It is the island's front door: close enough for an excursion, far enough never to be heard.



GETTING THERE

Belize City to Bare Feet

1 — ARRIVE

Philip S. W. Goldson International (BZE)

Belize's international gateway, served by nonstop flights from Miami, Houston, Dallas, Atlanta, Toronto and other North American hubs — under four hours from Miami door to door. A Gladden representative meets you on arrival.

2 — DOWN THE COAST

Domestic flight to Placencia

A short domestic hop (under an hour) down the coast to Placencia's airstrip. These flights are included in the rate for stays of four to six nights.

3 — ACROSS THE LAGOON

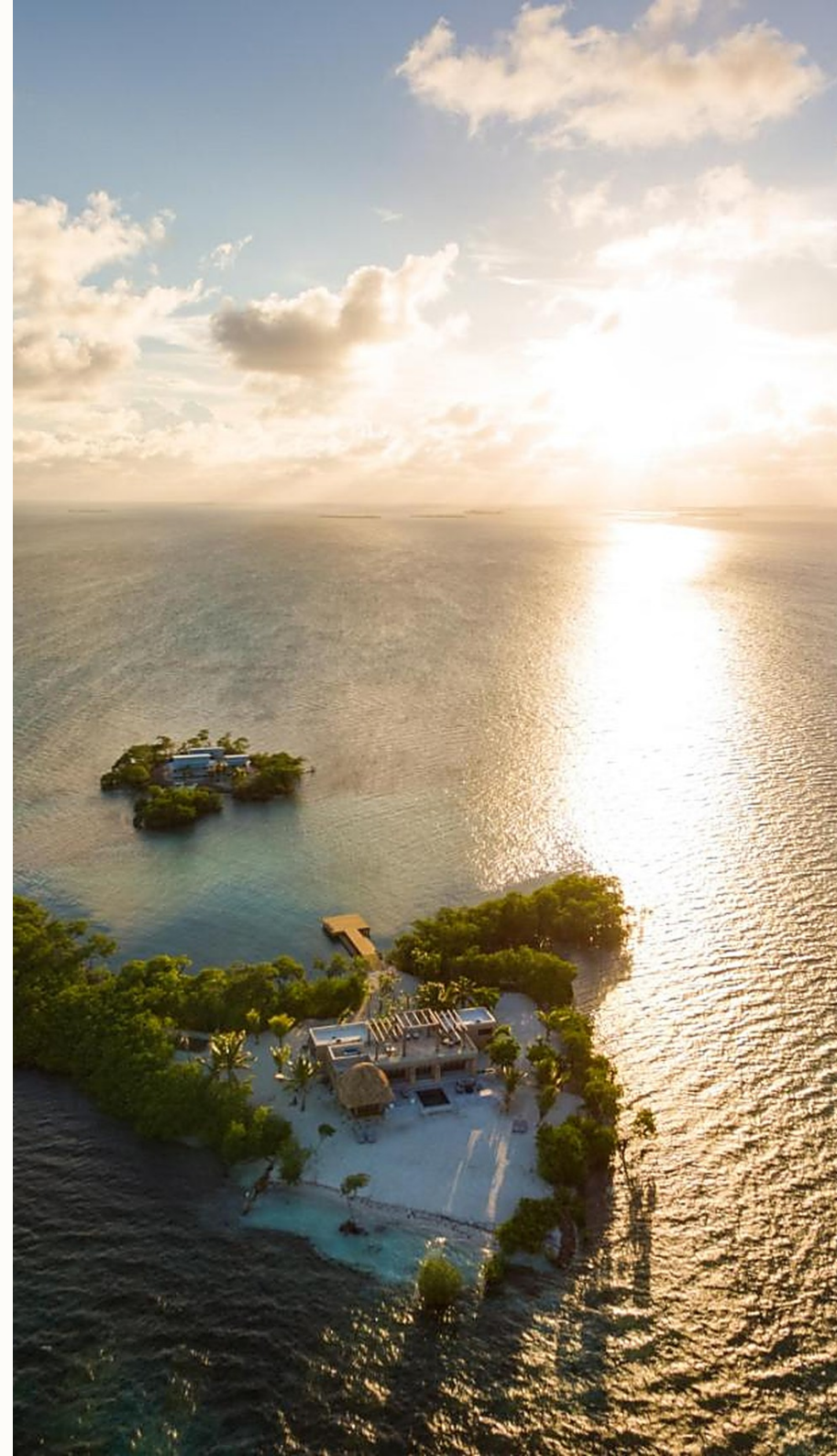
About 45 minutes by boat

From Placencia, the island's boat crosses the lagoon and the inner cayes to Gladden — roughly 21 miles of turquoise, ending at a dock with nobody on it.

OR — DIRECT

Helicopter, 35–40 minutes

Skip the legs: a helicopter flies directly from Belize City to the island in about 35–40 minutes. The helicopter arrival is included for stays of seven nights or more.





CLIMATE & SEASONS

Warm Water, Every Month of the Year

WINTER • DEC-FEB	Highs 81–82°F (27–28°C)	Lows 70°F (21°C)	Sea 80°F (27°C)	The driest, clearest weeks of the year
SPRING • MAR-MAY	Highs 85–88°F (29–31°C)	Lows 72–77°F (22–25°C)	Sea 81–84°F (27–29°C)	Dry season tails off; whale sharks arrive at the Spit
SUMMER • JUN-SEP	Highs 88–90°F (31–32°C)	Lows 77°F (25°C)	Sea 84–85°F (29°C)	Warmest sea of the year; greener, quieter, passing showers
AUTUMN • OCT-NOV	Highs 82–88°F (28–31°C)	Lows 72–73°F (22–23°C)	Sea 82–84°F (28–29°C)	Rains ease through November into the dry season

Figures are regional climate normals for the Placencia coast (WeatherSpark), the island's nearest mainland station; conditions on the outer reef run a degree or two cooler with the trade winds. For general outdoor travel the coast scores best from mid-December to mid-March — and the island, holding four guests at most, is uncrowded in every month.



GLADDEN PRIVATE ISLAND

Placencia — 21 mi
mainland gateway — boat transfers, staff & supplies

16.57°N 88.05°W

GLADDEN PRIVATE ISLAND

Gladden Spit & Silk Cayes Marine Reserve • 16.57°N, 88.05°W

DISTANCES

Placencia 21 mi

Belize City (BZE Intl) 69 mi

ELEVATION & CLIMATE

Summer high (Sep avg) 90°F / 32°C

Winter low (Jan avg) 70°F / 21°C

Sea temperature 80-85°F year-round

ACCESS

45 min by boat from Placencia

Helicopter direct from Belize City, 35-40 min

Domestic flights BZE-Placencia included (4-6 nt)

Straight-line distances, approximate.

Island coordinates: the live listing's map position (Google Maps).

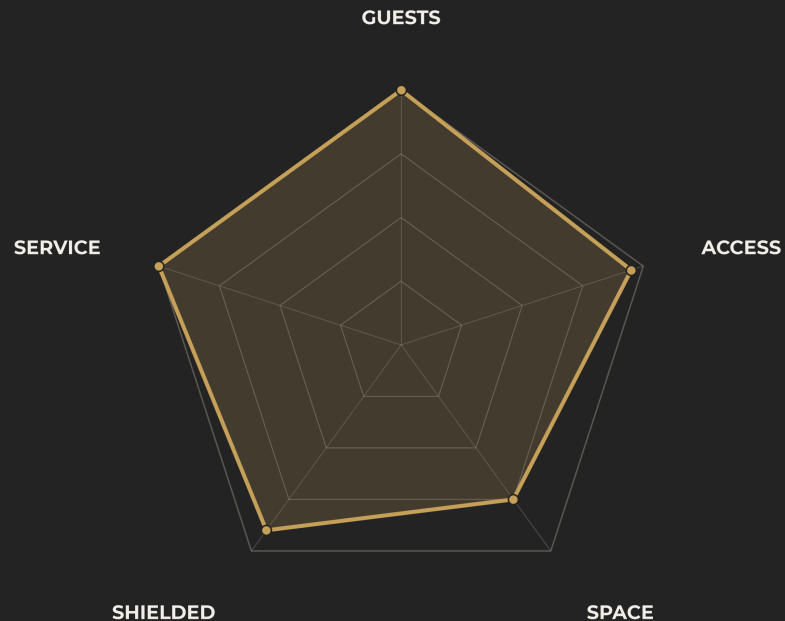
Climate: Placencia regional normals (WeatherSpark).

THE PRIVATE BRIEFING

92

TOTAL SECLUSION

PRIVACY INDEX · OUT OF 100



WHO ELSE IS THERE

20 / 20

One villa, one group — the island is never shared.

WHO CAN GET IN

19 / 20

No public access and no day tours; arrival is by arranged transfer only.

SPACE TO DISAPPEAR

15 / 20

A single 3,000 sq ft villa on its own island, for a maximum of four guests.

OUT OF SIGHT & SOUND

18 / 20

No neighbours in sight — open reef and marine reserve in every direction.

INVISIBLE SERVICE

20 / 20

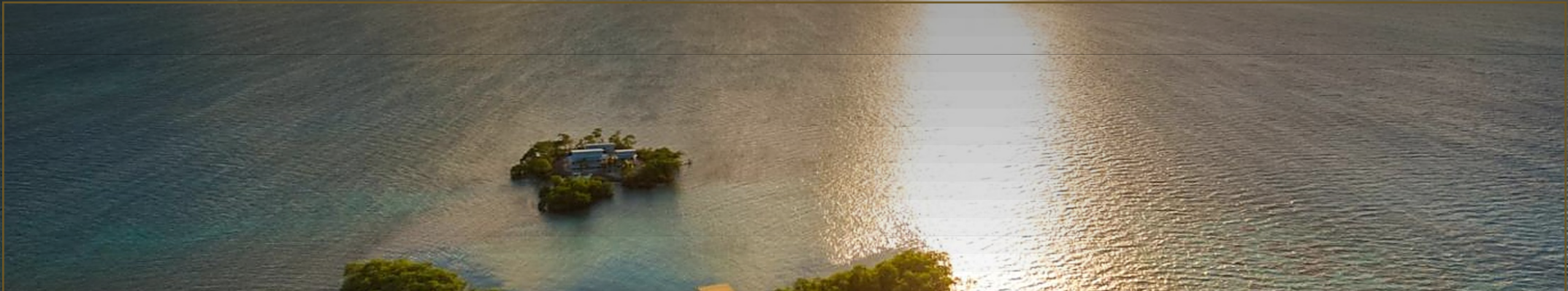
Staff live on a separate islet and cross only when summoned by the villa's privacy meter.

Scored from location data, listing facts and guest reviews — the same five measures as every Private Islands rental.

All-in from USD 4,250 per night (two guests, published rate, checked Oct 2026) — current pricing always on the listing

View the live listing — privateislandsonline.com





PRIVATE ISLANDS INC.

THE WORLD'S AUTHORITY ON PRIVATE ISLAND SALES & RENTALS

GLADDEN PRIVATE ISLAND

BELIZE BARRIER REEF · BELIZE · PRIVATE ISLAND RENTAL

ADAM McKIE

Travel Director, Private Islands Inc.

adam@privateislandsinc.com · 1 416 728 4989

info@privateislandsinc.com · www.privateislandsonline.com



[View the live listing](#)